

WEEK 1					WEEK 2					
	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday
	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7	DAY 8	DAY 9	DAY 10
Period 1	Ako Time 9:00 - 10:00am 60-minute class	Health & PE 9:00 - 10:00am 60-minute class	Ako Time 9:10 - 9:25am	Maths 9:00 - 10:00am 60-minute class	Ako Time 9:00 - 10:00am 60-minute class	Ako Time 9:00 - 10:00am 60-minute class	English 9:00 - 10:00am 60-minute class	Ako Time 9:10 - 9:25am	Science 9:00 - 10:00am 60-minute class	Ako Time 9:00 - 10:00am 60-minute class
			Art 9:25 - 10:25am 60-minute class					Music 9:25 - 10:25am 60-minute class		
	Break 1 10:00 - 10:10am	Break 1 10:00 - 10:10am		Break 1 10:00 - 10:10am	Break 1 10:00 - 10:10am	Break 1 10:00 - 10:10am	Break 1 10:00 - 10:10am		Break 1 10:00 - 10:10am	Break 1 10:00 - 10:10am
Period 2	Music 10:15 - 11:45am 90-minute class	English 10:15 - 11:45am 90-minute class	Break 1 10:25 - 10:35am	Art 10:15 - 11:45am 90-minute class	Science 10:15 - 11:45am 90-minute class	Health & PE 10:15 - 11:45am 90-minute class	Art 10:15 - 11:45am 90-minute class	Break 1 10:25 - 10:35am	Music 10:15 - 11:45am 90-minute class	Maths 10:15 - 11:45am 90-minute class
			Health & PE 10:40 - 11:45am 60-minute class					English 10:40 - 11:45am 60-minute class		
	Break 2 11:45 - 12:20pm	Break 2 11:45 - 12:20pm	Break 2 11:45 - 12:20pm	Break 2 11:45 - 12:20pm	Break 2 11:45 - 12:20pm	Break 2 11:45 - 12:20pm	Break 2 11:45 - 12:20pm	Break 2 11:45 - 12:20pm	Break 2 11:45 - 12:20pm	Break 2 11:45 - 12:20pm
Period 3	Maths 12:25 - 1:50pm 90-minute class	Science 12:25 - 1:50pm 90-minute class	English 12:25 - 1:50pm 90-minute class	Health & PE 12:25 - 1:50pm 90-minute class	Music 12:25 - 1:50pm 90-minute class	Science 12:25 - 1:50pm 90-minute class	Maths 12:25 - 1:50pm 90-minute class	Art 12:25 - 1:50pm 90-minute class	English 12:25 - 1:50pm 90-minute class	Health & PE 12:25 - 1:50pm 90-minute class
	Break 3 1:50 - 2:05pm	Break 3 1:50 - 2:05pm	Break 3 1:50 - 2:05pm	Break 3 1:50 - 2:05pm	Break 3 1:50 - 2:05pm	Break 3 1:50 - 2:05pm	Break 3 1:50 - 2:05pm	Break 3 1:50 - 2:05pm	Break 3 1:50 - 2:05pm	Break 3 1:50 - 2:05pm
Period 4	Art 2:10 - 3:10pm 60-minute class	Maths 2:10 - 3:10pm 60-minute class	Music 2:10 - 3:10pm 60-minute class	Science 2:10 - 3:10pm 60-minute class	English 2:10 - 3:10pm 60-minute class	Music 2:10 - 3:10pm 60-minute class	Science 2:10 - 3:10pm 60-minute class	Health & PE 2:10 - 3:10pm 60-minute class	Maths 2:10 - 3:10pm 60-minute class	Art 2:10 - 3:10pm 60-minute class

Each subject involves about 7.5 hours of class time over a two-week period, with a combination of three 60-minute and three 90-minute periods. The diagram above is an example of what a two-week timetable might look like. Individual timetables will vary based on subject selection. *This is an example only.*